

Specialty eConsult

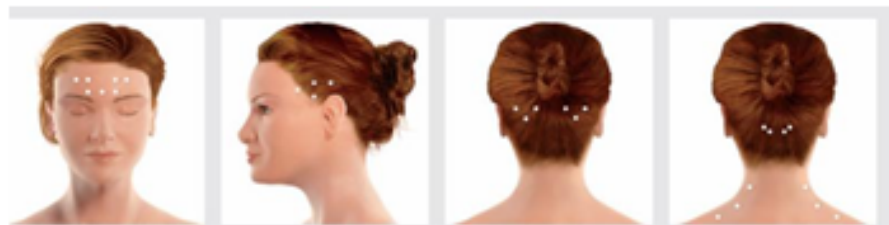
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Focus On: Migraine Treatment with Botox

It is estimated that chronic migraine impacts approximately 3.2 million Americans and can leave sufferers in pain for at least half of every month. The World Health Organization ranks chronic migraine as the 19th most disabling disease and notes that a day lived with severe migraines can be more disabling than blindness, paraplegia, angina or rheumatoid arthritis. Chronic migraine is defined as 15 or more headaches a day, with headaches lasting four hours or more. In a study of 520 chronic migraine patients, it is estimated that approximately 80% of those who meet the clinical definition of chronic migraine were not accurately diagnosed. This illustrates that this condition is difficult to diagnose and treat, calling attention to the fact that people who think they may have chronic migraine need to consult a specialist.

Although chronic migraine occurs in both men and women, women are 3x more likely than men to suffer from migraines. Sufferers often experience depression and anxiety as part of the condition. Chronic migraine can also be influenced by stress, sleep habits, diet and overuse of acute headache medications.

Botox is the first clinical study prophylactic injectable treatment to be approved by the FDA. When injected with labeled doses in recommended locations in the head and neck, Botox treatment is expected to produce results lasting up to 3 months.



Specialist Spotlight Kavita Gupta, DO



Dr. Kavita Gupta, Medical Director of Advocare Pain Institute of South Jersey, is board certified in pain management and in physical medicine and rehabilitation. After graduating from medical school, Dr. Gupta completed her post-graduate training as chief resident in physical medicine and rehabilitation at Temple University and completed a fellowship in pain medicine at Penn State - Hershey Medical Center.

Dr. Gupta specializes in advanced interventional pain management for a variety of pain syndromes. Her special interests include, but are not limited to:

- spine care
- electrodiagnostics (EMG)

In addition to Botox treatment, a multidisciplinary approach of managing migraines includes oral prophylactic/abortive medications, diet modification, rehabilitative and relaxation techniques. These recommended approaches can improve the quality of life of chronic migraine patients.

Feel free to contact Dr. Gupta if you have a patient that you think could benefit from this particular migraine treatment.

- sports injuries
- neuropathic pain
- musculoskeletal medicine
- epidural treatments
- sacroiliac treatments
- ultrasound guided joint injections
- holistic treatments such as yoga, acupuncture, and Ayurveda.

Contact Us

120 Carnie Blvd.
Suite 4
Voorhees, NJ 08043

485 Williamstown Road
Sicklerville, NJ 08081

318 White Horse Pike
Haddon Heights, NJ 08035

T: (856) 751-7799
F: (856) 751-6660

AdvocarePainInstitute.com

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